

**This week...**

**Monday** Philippians 2:5 “*5 Your attitude should be the same as that of Christ Jesus:*”

Very privately, take time to make as complete a list as possible of your day to day attitude. What is it like when you are alone? What is it like when you are with family members? How do you respond in working relationships? What is your attitude when faced with hardships and challenges? How is it like and unlike Christ? Keep your list handy to use again this week.

**Tuesday** Philippians 2:6-7 “*6 Who, being in very nature God, did not consider equality with God something to be grasped, 7 but made himself nothing, taking the very nature of a servant, being made in human likeness.*”

Carefully explore the meaning of these verses until you have a clear understanding of what is meant. What are three or four primary truths contained here?

**Wednesday** Philippians 2:8 “*8 And being found in appearance as a man, he humbled himself and became obedient to death— even death on a cross!*”

A huge characteristic of Jesus’ attitude was humility. What does genuine humility look like (*use Christ’s life as your example*)? What stands out?

**Thursday** Philippians 2:9-11 “*9 Therefore God exalted him to the highest place and gave him the name that is above every name, 10 that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, 11 and every tongue confess that Jesus Christ is Lord, to the glory of God the Father.*”

Do you grasp the completeness and full impact of what these verses teach? Notice key thoughts like “highest place”, “above every”, “every knee”, “every tongue”, and “Jesus Christ is Lord”. Take time to meditate on the greatness of what Paul is saying, and consider your place in all of what is to unfold. How does this make you feel?

**Friday** Philippians 2:5 “*5 Your attitude should be the same as that of Christ Jesus:*”

On Monday you were to make a list of your day to day attitude in the face of a range of situations. Look over your list to see where you are not displaying the attitude or mind of Christ. Pray specifically, being open to the Spirit’s direction in regards to confession, forgiveness, and change. Next to each attitude that falls short, make a note of the steps necessary to allow Christ to be Lord of your mind and heart all of the time. This might involve how you relate to others or respond to circumstances. It may concern how you use your time, money, and talents. Take your time doing this, and give the Holy Spirit permission to shine His light into all regions of your heart and life.